

	Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
WEEK 1	08:00 - 09:00	Breakfast							
	09:15 - 10:45	Italian language course							
	10:45 - 11:15	Break							
	11:15 - 12:45	Italian language course							
	13:00 - 14:00	Lunch							
	14:00 - 15:00	Arrival	Beach activities + games	Guided visiting tour Tropea	Half-day excursion to Pizzo + Gelato Workshop	Homework		Beach activities + games	Full-day excursion to the Sila mountains + adventure park + lunch
	15:00 - 16:00					Relax at the beach			
	16:00 - 17:00					Mediterranean cooking evening with dinner			
	17:00 - 18:00	Welcome presentation		Dinner					
	18:00 - 19:00	Dinner				Dinner			
	19:00 - 20:30	Evening activities				Evening activities			
	20:30 - 22:00	Curfew							
	22:00	Curfew							

	Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WEEK 2	08:00 - 09:00	Breakfast						
	09:15 - 10:45	Beach activities + games	Italian language course				Check-out	
	10:45 - 11:15		Break				Departure	
	11:15 - 12:45		Italian language course				Departure	
	13:00 - 14:00	Lunch						
	14:00 - 15:00	Beach activities + games	Homework		Homework		Half-day excursion to Reggio Calabria	Beach activities + games
	15:00 - 16:00		Beach activities + games		Beach activities + games			
	16:00 - 17:00		Guided visiting tour Tropea		Beach activities + games			
	17:00 - 18:00	Dinner						
	18:00 - 19:00	Evening activities						
	19:00 - 20:30	Evening activities						
	20:30 - 22:00	Evening activities					Farewell Party	
	22:00	Curfew						